

# 5 Senses Poem

5 Senses Poems wonderfully capture a personal experience in nature.

**Skills:** Reflection, Language

**Where:** Anywhere

**Number of people:** 1 or more

**Grade:** 3 and up

**Materials:** Pencils, paper (blank or template below)

**Time:** 10 minutes

**Background/Goal:** Create a poem describing the experience during, for example, a birding hike, plant walk, or on visiting a special habitat. Using all 5 senses 1 at a time, reflect on the experience. Add a feeling or final thought at the end. Students may use a phrase, single word, or a collection of 3 words for each sense. The beauty of this activity lies in its simplicity and focus—the poems created have a wonderful tactile quality and life to them.

**To Play:** Review the order of senses each student will follow - I see, I smell, I hear, I feel/touch, I taste and I think/enjoy/wonder or use the template below. Share an example of a five senses poem with the group. Give each student a pencil and paper or template.

**Example:**

I see the breaking waves  
I smell the seaweed-tinged air  
I hear the seagulls squawking overhead  
I feel the wet sand squishing between my toes  
I taste the salty ocean water  
I think I'm back in my childhood heaven

By Stephanie Abney



breaking waves  
seaweed-tinged air  
seagulls squawking overhead  
wet sand squishing between my toes  
salty ocean water  
my childhood heaven

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**Conclusion:** When the group is finished or allotted time has passed, have students fold along the fold line covering the list of senses. This leaves their finished poems visible to read and share.

# 5 Senses Poem

Name: \_\_\_\_\_

I see

I smell

I hear

I feel/touch

I taste

I think/wonder/enjoy

Fold Line

# 5 Senses Poem

Name: \_\_\_\_\_

I see

I smell

I hear

I feel/touch

I taste

I think/wonder/enjoy

Fold Line