



# Young Nature Leaders Grant

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WOMEN FOR NATURE

Youth-Led Project Impacts





Women for Nature Members, 2017

# Introduction

All across Canada, people and organizations inspire us with their leadership and devotion to our natural world. They commit their time and energy not for credit but for the results. They choose to take up the call to protect, engage, and advocate on behalf of nature.

Women for Nature, an initiative of Nature Canada, gathers leaders who care deeply about nature and want to inspire others to make a difference. In particular, we want to encourage, foster, and nurture youth (under 30) to demonstrate their leadership for nature.

To that end, the Young Nature Leaders Grant was established in 2017. Each successful applicant receives \$1000 to develop and implement a project centered around promoting sustainability in Canada. To date, 20 young people have been awarded the Grant, each carrying out important and impactful projects.

This document compiles these stories, in the hopes of inspiring future generations of Young Nature Leaders to apply. Potential applicants can also check out the Nature Playbook to spark project ideas.



“As the Honorary Chair of Nature Canada’s Women for Nature initiative, I am delighted to see that Canada’s nature is in good hands. These young people and their projects being recognized are a step in the right direction to help enable more young Canadians to connect with nature and assist in protecting our precious wildlife and habitats.”

The Honourable Senator Diane F. Griffin  
Honorary Chair of Women for Nature

# Past Youth-led Grants at a Glance...

To date, there have been **4** cohorts, totalling **20** recipients who

2018



2019



2020



2021



come from **9** different provinces and territories.



**5** So far, projects have actively focused on underrepresented groups. We strongly encourage Indigenous youth to apply, as well as youth from any racialized and/or underserved community. At the same time, we actively seek out projects that will purposefully engage members of such communities.



As of 2021, these youth-led projects have reached 3000+ Canadians in schools, universities, natural parks, community centres, and online.



# 2018 Leaders

## Martha Henderson

Whitehorse, YK

Martha organized workshops with a Girl's Nature Club to empower teenage girls, aged 12-15, with the wilderness skills to help them become comfortable and confident with nature. They learned important outdoor skills like fire-building, orienteering, outdoor cooking, and trip planning.



## Chantal Templeman

Cochrane, AB

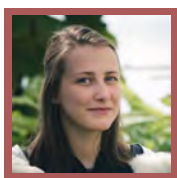
Chantal brought caving to youth by teaching them about bats and cave conservation. Participants built leadership skills while volunteering on projects in Banff National Park.



## Caroline Merner

Vancouver, BC

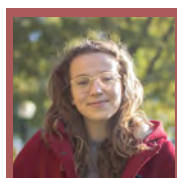
Caroline led interactive quick play sessions along the BC coast. This hands-on learning style connected young people with the unique coastal environment. Each participant was matched with a knowledgeable nature mentor.



## Mathilde Papillon

Ottawa, ON

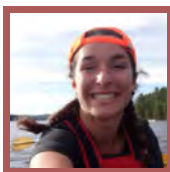
Mathilde designed and built a Green Wall full of native plants for her school, with the goal of bringing nature to her school hallway. Today, it is used to teach ecology in science and biology classes.



## Nina Andrascik

Ottawa, ON

Nina piloted a project to encourage new Canadians to participate in outdoor nature activities which continued as a special club at her high school. She created a video series to document the participants' experiences and shared their experiences.



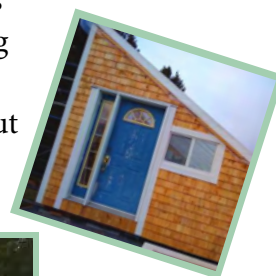
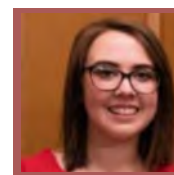
“I feel that everyone should feel the importance of protecting our heritage and enjoy the beauty of what was here long before any of us.

- Nina Andrascik

## Olivia DesRoches

Hampton, NB

Olivia and her Grade 11 Foundations of Math class built and ran a greenhouse at their school. Students continue to participate in cultivating fruits, vegetables, and flowers. The greenhouse also serves to teach about pollinators.







# 2019 Leaders

## Dalal Hanna

Montreal, QC

Dalal is passionate about Canada's freshwaters. With the help of the YNL Grant, she co-led a science-centric rafting expedition in the Poisson Blanc Regional Park for 10 young women, aged 14-16. The mission? "Motivate and inspire young women to enjoy and protect fresh waters and the outdoors."



## Sammie Heard

Waterloo, ON

Sammie's project, Green Bellies, incentivized students to reduce single-use packaging in lunches at JW Gerth Public School. Students scanned a QR code each time they brought a litterless lunch. The class with the highest score was rewarded with a trip to The Huron Natural Area. She repeated the program in two other schools for even more impact.



## Kristin Muskratt

Curve Lake First Nation, ON



Kristin organized a Land-based Storytelling & Sharing Panel at Trent University to engage Indigenous youth through culture and Indigenous knowledge systems. She connected 50 youth to 4 Knowledge Holders, which, Kristin shared, is "a great way to help spark that inspiration to learn more about themselves and Mother Earth."



## Alana Tollenaar

Spruce Grove, AB

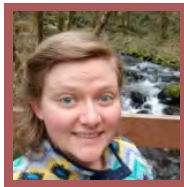
In collaboration with the Edmonton and Area Land Trust, Alana hosted 8 Bee-The-Change workshops, during which over 100 participants built their very own bee hotels to set up back home. The funds were also used to assemble and distribute an extra 100 smaller construction kits for children.



## Alison Nagy

Swift Current, SK

Alison designed and implemented an outdoor escape activity in the Saskatchewan Landing Provincial Park. The program not only helped educate the public about the Park, but also engaged visitors in an exciting, high-energy way. There is no better way to learn!

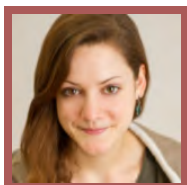


“Lots of people want to support nature conservation, but they don't have enough money or time to do it. Building bee hotels is a great way [for them] to help in their own backyards.”

- Alana Tollenaar

# 2020 Leaders

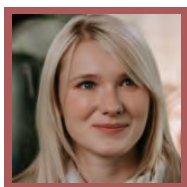
\*This cohort was smaller due to unanticipated restrictions imposed by the pandemic. All projects were carried out safely according to governmental regulations.



## Rachel Balderson

Ottawa, ON

For six weeks, Rachel ran digital workshops with local artist Emily Rose Michaud. The program engaged a group of young adults in nature journaling. During the virtual sessions, participants practiced basic drawing skills, mixing colours, and recording written details, such as water currents and species behaviour. Throughout the program, they undertook solitary time in the Ottawa River watershed to apply their new skills, observing and understanding the area's rich fauna and flora.



## Caitlin Brant

Niagara Falls, ON

During a nationwide, fun-filled day of activities called Monarch Mayhem, Caitlin engaged approximately 1,600 students and 60 educators to become Pollinator Champions. Educators used Monarch Mayhem's tailored lessons to teach their students all about native pollinators, as well as how we can help them with pollinator gardens. In total, participants planted 2,450 sq. ft. of pollinator-friendly flora across Canada. The "Monarch March" pollinator awareness walk/run reached 2,180 km of its 4,000 km goal, which showed just how amazing the monarch migration is!



## Kirsten Reid

St John's, NL

Kristen assembled and distributed 80 "Forest-school-in-a-Box" boxes to kindergarten and preschool educators across Newfoundland and Labrador. Teachers and early childhood educators used these boxes as launchpads for their Forest School curriculum. This project encouraged rural youth across the province to access and love nature, eliminating barriers to outdoor, play-based learning. Boxes included items such as spoons to dig in the earth, paint brushes, picture cards of plants/birds/tracks to look for, twine, and tarps for creating shelters in the forest.





# 2021 Leaders

## Leah Davidson

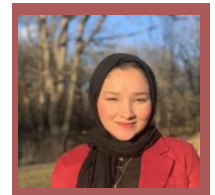
Sherbrooke, QC



Leah integrated technology, environmental education and games to create an online environmental escape room that captured the attention of over 1200 youth in over 30 schools across Canada and the US. Her goal was to take make learning about nature fun, positive and engaging.

## Iman Berry

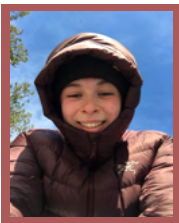
London, ON



Through her non-profit Green Ummah, Iman created a Green Curriculum that taught students from grade 9-12 to take the lead on nature conservation and addressing climate change. Her curriculum promotes sustainable living, connects students to nature and spurs thoughtful dialogue about the environment within Muslim communities.

## Alana Norie

Squamish, BC



Alana launched an environmental stewardship program at Camp Querencia, BC.



She inspired over 500 youth aged 3-15 to explore, learn and advocate for nature. Youth participated in activities such as plant identification games, nature problem solving, and exploring the diverse nature around them.

## Kareina D'Souza

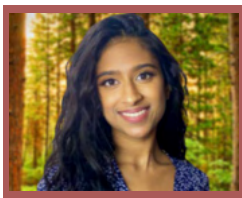
Toronto, ON



Kareina organized a 5-month leadership and management training program, 'Women of Colour Leadership in Nature.' It provided an inclusive educative space for 15 young women of colour to connect with nature, build community and develop professionally. She helped foster a sense of leadership in women of colour through nature-based workshops and settings.

## Miranda Baksh

Brampton, ON



Miranda is preparing to execute a virtual field trip that will connect marginalized

and BIPOC youth to nearby nature. Her field trip will empower youth often excluded from the climate justice movement to engage and advocate for the environment.

## Jessica Yu

Toronto, ON



Jessica is passionate about pollinators and inspiring youth to take action in their community. Leading her school district's "Bee the Change" project, she successfully assembled and distributed 65 pollinator garden kits at her school. This resulted in the planting of over 325 native pollinator plants around her community. Great impact!



“Let's bring the transformative power of nature to a new generation of BIPOC women leaders through professional development that builds community and a sense of belonging.”  
- Kareina D'Souza